



1 Nitric oxide mediates ultrasound-induced hypoxia-inducible
 2 factor-1 α activation and vascular endothelial growth factor-A
 3 expression in human osteoblasts

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14 **Abstract**

15 Vascular endothelial growth factor (VEGF) is an important regulator for angiogenesis and endochondral bone formation. Although low-
 16 intensity pulsed ultrasound (US) has been recently used for accelerating fracture healing, the effect of US stimulation on angiogenic factor
 17 production by osteoblasts remains undetermined. Here, we found that US elevation of VEGF-A expression in human osteoblasts to be
 18 mediated by nitric oxide (NO) and hypoxia-inducible factor-1 α (HIF-1 α). Human osteoblasts were treated with or without US stimulation
 19 (200 μ s pulse, 1 kHz at 30 mW/cm²) for 20 min. Cells were subjected to assessment of VEGF-A expression, NO production, nitric oxide
 20 synthase (NOS) catalytic activities, and HIF-1 α transactivation. Results showed that US significantly increased VEGF-A mRNA and protein
 21 levels in 6 h. US augmentation of VEGF level was transcriptionally mediated. Early inhibition of NO production, but not calcium or
 22 prostaglandin E₂, significantly reduced US-enhanced VEGF-A levels. Osteoblasts responded to US treatment by increasing NO production,
 23 NOS catalytic activities, iNOS immunorexpression, nuclear HIF-1 α activation, and binding to the VEGF-A promoter. Inhibition of NOS
 24 activity by *N*-nitro-L-arginine methyl ester (L-NAME) or blockade of guanylate cyclase activity by ODQ reduced US-augmented HIF-1 α
 25 transactivation and VEGF-A levels. Conditioned medium harvested from US-treated osteoblasts promoted tube formation of human
 26 umbilical vein endothelial cells (HUVEC). Monoclonal VEGF-A antibody neutralization or L-NAME pretreatment reduced the promoting
 27 effect of conditioned medium on angiogenesis of HUVEC. Together, these findings show that NO plays an important role in mediating
 28 extracellular stimuli released by US and triggering intracellular response of osteoblasts to produce angiogenic factor after US treatment.

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30
 31 **Keywords:** Osteoblasts; Vascular endothelial growth factor; Hypoxia-inducible factor-1 α ; Low-intensity pulsed ultrasound

33 **Introduction**

35 Angiogenesis is an essential component of skeletal de-
 36 velopment, and vascular endothelial growth factor (VEGF)
 37 signaling plays an important role in this process [1]. VEGF-
 38 A is the most abundant of the four biologically active forms
 39 and is commonly used in studies investigating the biological

40 effects of VEGF [2]. Exogenous VEGF has been found to
 41 enhance blood vessel formation and callus formation of
 42 fractured femurs in mice [3]. Targeted deletion of VEGF
 43 gene has caused skeletal defect in mice by impairing
 44 angiogenesis and endochondral bone formation [4]. During
 45 fracture healing, there is cross-talk between endothelial cells
 46 and osteoblasts. VEGF has also been found to induce
 47 endothelial cell migration, proliferation, and capillary per-
 48 meability of vascularization process in endochondral bone
 49 [5]. These findings indicate that osteoblast-derived VEGF
 50 may play an important role in regulating angiogenesis in
 51 bone microenvironment during bone formation.

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Bone regeneration and blood vessel formation of fractured callus can be promoted by pulsed mechanical stimulation such as low-intensity pulsed ultrasound (US) and extracorporeal shock waves [6–9]. Mechanical stimulation has been found to raise the adaptive modeling response of the bone microenvironment via induction of anabolic or cytokine molecules [10]. Several cell types respond to mechanical stimulation including fluid shear stress and stretch by elevating VEGF mediation of angiogenic responses [11,12]. Previous studies have demonstrated that US could raise the osteogenic response of osteogenic cells through induction of nitric oxide, prostaglandin E₂, and growth factors [13–15]. However, the effect of US stimulation on angiogenic factor production by osteoblasts has not been determined.

Nitric oxide (NO) is produced from a guanidino-nitrogen of L-arginine and dioxygen by three isoforms of nitric oxide synthases (NOS) including constitutive endothelial NOS (eNOS) and neuronal NOS (nNOS) isoform and an inducible form of inducible NOS (iNOS). NO has emerged as a potent regulator for fracture healing, mechanical-stimulated bone formation [16,17], and modulation of VEGF gene transcription in endothelial cells [18,19]. We hypothesized that US treatment may provoke reactive radicals, which in turn may activate the production of angiogenic factor of bone cells.

The purposes of this study were to examine the effect of US on the production of VEGF by human osteoblasts and to investigate whether US promotion of VEGF-A can be linked to the induction of NO and the activation of angiogenic transcription hypoxia-inducible factor-1 α (HIF-1 α).

Materials and methods

Cell cultures

Human fetal preosteoblastic hFOB 1.19 cells (American Type Culture Center, Manassas, VA, USA) were maintained in a mixture of phenol red-free Ham's F12 medium and DMEM (1:1) containing 10% FBS and 2.5 mM L-glutamine (Life Technologies, Gaithersburg, MD, USA). These cells have osteoblastogenic capacity and can form mineralized nodules under appropriate conditions [20]. Human osteoblastic MG63 and SaOS2 cells were maintained in DMEM containing 10% FBS. Cell cultures were cultured in a 5% CO₂, 37°C incubator for 6 days and were harvested by trypsinization and resuspended in medium for further studies.

Ultrasound treatment

Cells (5×10^5 cells/well, six-well plates) were cultured for 48 h and subjected to US treatment as previously described [13]. Briefly, culture plates were floated in a thermostatically controlled water bath. A UV-sterilized transducer (Sonic Accelerated Fracture Healing System; Exogene, Inc. USA) that generated 1.5 MHz US in a

pulsed-wave mode (200 μ s pulse burst width with repetition frequency of 1 kHz at the intensity of 30 mW/cm²) was immersed vertically into each culture well and placed to just touch the surface of the medium. The distance between the transducer and the cells was approximately 5–6 mm. Exposure time was 20 min for all cultures. Control samples were prepared in the same manner, without US exposure. Cells were harvested at 15, 30 min, 1, 3, 6, 12, 24, and 48 h after US stimulation. To elucidate the role of prostaglandin E₂, calcium, and NO in US-promoted VEGF expression, cells were pretreated with or without 10 μ M indomethacin (a cyclooxygenase-2 inhibitor) or 100 μ M N-nitro-L-arginine methyl ester (L-NAME; a pan NOS inhibitor), 100 μ M N-(3-(aminomethyl)benzyl)acetamide (1400 W, a highly selective iNOS inhibitor; Calbiochem-Novabiochem GmbH, Schwalbach, Germany) [21], 1 mM EGTA (an extracellular calcium chelator), or 40 μ M BAPTA (an intracellular calcium chelator). To investigate whether US promotion of VEGF-A was transcriptionally or translationally regulated, cells were pretreated with 10 μ g/ml actinomycin D or 10 μ g/ml cyclohexamide (Sigma Inc., St. Louis, MO, USA). To investigate whether guanylate cyclase was involved in US-promoted VEGF-A expression, cells were pretreated with 10 μ M ODQ. In some experiments, osteoblasts were cocultured with 20 μ M 2,2'-(hydroxynitrosohydrazino)bis-ethanamine (NOC-18) or S-nitroso-N-acetylpenicillamine (SNAP; Calbiochem-Novabiochem GmbH) for 48 h and subjected to assessment of VEGF-A expression, cell proliferation, and bone alkaline phosphatase activity.

RT-PCR

Total RNA was extracted and purified by the Tri reagent (Sigma Inc.) from 10⁶ cells with or without US treatment. One microgram of total RNA was reverse-transcribed (RT) into cDNA, followed by PCR amplification using the following human gene-specific primers: VEGF-A (forward) (5'-TTA TAC CGG GAT TTC TTG CG-3'), (reverse) (5'-CCC ACT GAG GAG TCC AAC AT-3') (209-base pair expected); β -actin (forward) (5'-CGC CAA CCG CGA GAA GAT-3'), β -actin (reverse) (5'-CGT CAC CGG AGT CCA TCA-3') (168-base pair expected). The parameters for RT-PCR cycling were set as previously described [22]. The PCR products were electrophoresed on a 1.5% agarose gel containing ethidium bromide and visualized by UV-induced fluorescence. All signals were quantified by scanning densitometry, and the final values were obtained by calculating the VEGF-A/ β -actin ratios. The fold promotion was calculated as the increase over the value of its corresponding control sample.

VEGF-A levels in the culture supernatants

The VEGF-A levels in culture supernatants were determined using ELISA kits (Quantikine[®], R and D Systems

158 Inc., MN, USA) according to the manufacturer's instruc-
159 tions. Results were calculated by interpolation from a
160 standard curve made by a series of VEGF-A concentrations
161 and normalized with the cell number.

162

163 *NO production*

164 Nitrite and nitrate levels in culture supernatants were
165 determined using a nitrogen oxide analyzer (NOA280;
166 Sievers Inc., Denver, USA) as previously described [22].
167 Results were normalized with protein concentration in each
168 sample using a Bio-Rad protein assay kit (Bio-Rad Labora-
169 tories, Hercules, USA) and were expressed as μM NO/mg
170 protein/min.

171

172 *Cell proliferation*

173 Cells (5×10^5 cells/well, six-well plate) with or without
174 US treatments were cultured in DMEM with 10% FBS for
175 12 h before the addition of 1 μCi [^3H]-thymidine/well
176 (Amersham-Life Science, Aylesbury, England) for an addi-
177 tional 12-h culture. At the end of the culture period, the cells
178 in each well were released from the plates by trypsinization
179 and processed for [^3H]-thymidine uptake determination by
180 liquid scintillation counting (Tri-Crab 2100TR, Packard
181 Inc., USA) [23].

182

183 *Alkaline phosphatase activity*

184 Cytosolic and nuclear extracts of cell cultures were
185 harvested as previously described [22]. Alkaline phosphatase
186 activities in cytosolic extracts were measured the
187 conversion of *p*-nitrophenyl phosphate into *p*-nitrophenol
188 as previously described [22]. Results were normalized with
189 protein concentration in each sample.

190

191 *NOS catalytic activities*

192 NOS activities in cytosolic extracts were measured using
193 a NOS activity detection system (Sigma Inc.) according to
194 the manufacturer's instructions. Briefly, aliquots of cytosolic
195 extracts were incubated in a buffer containing 10 μM [^3H]-*L*-
196 arginine, 1 mM NADPH, 5 mM tetrahydrobiopterin, 50 mM
197 valine, 2 mM CaCl_2 , and 30 nM calmodulin for 30 min at
198 37°C. Mixtures were centrifuged through spin columns, and
199 [^3H]-*L*-citrulline in eluants was measured using a liquid
200 scintillation analyzer. Parallel experiments were performed
201 in the presence of 2 mM EGTA or 3 mM *L*-NAME to
202 determine calcium-dependent and -independent NOS activ-
203 ities. Results were normalized with protein concentration in
204 each sample [16].

205

206 *Cytosolic NOS and nuclear HIF-1 α immunoblotting*

207 Cytosolic extracts (500 μg) were immunoprecipitated
208 with monoclonal anti-iNOS, anti-eNOS, anti-nNOS anti-

bodies, and protein A agarose (Upstate Biotechnology, Lake
209 Placid, NY, USA), respectively. Nuclear extracts were
210 immunoprecipitated with monoclonal anti-HIF-1 α antibod-
211 ies (Santa Cruz Biotechnology Inc., CA, USA). Immuno-
212 precipitates were subjected to Western blot assay. The
213 NOSs and HIF-1 α bands on the blots were recognized by
214 respective antibodies and horseradish peroxidase-conjugat-
215 ed IgG secondary antibodies and visualized using chemilu-
216 minescence agents (SuperSignal[®]; Pierce Co., Rockford,
217 IL, USA). The phosphorylated HIF-1 α bands on the blots
218 were recognized by stripping the membrane in a buffer
219 containing 62.5 mM Tris-HCl (pH 6.7), 2% SDS, and 100
220 mM mercaptoethanol for 30 min at 50°C and then reprob-
221 ed with monoclonal antiphosphotyrosine 4G10 antibodies (Up-
222 state Biotechnology) using a similar procedure.

223

224 *Electrophoretic mobility shift assay*

225

226 An HIF-1 consensus VEGF-A promoter (italicized) ol-
227 igonucleotide probe (5'-CCA CAG CAT ACG TGG GCT
228 CCA ACA-3', 3'-GGT GTC GTA TGC ACC CGA GGT
229 TGT-5') was 5' end-labeled with [γ - ^{32}P] using T4 polynucle-
230 otide kinase and [γ - ^{32}P]-ATP (3000 Ci/mole at 10 mCi/
231 ml; Amersham Pharmacia, Uppsala, Sweden). Nuclear
232 extracts (10 μg) were incubated with a binding buffer
233 containing 10 mM HEPES, pH 7.9, 1 mM DTT, 1 mM
234 EDTA, 80 mM KCl, 20% glycerol and 0.25 mg/ml poly(dI-
235 dC) (Amersham Pharmacia), and 1.75 pmole [γ - ^{32}P]-la-
236 beled oligonucleotide probe (30,000–40,000 cpm; 2 μl).
237 To specify protein- or DNA-binding reactions, 1 μl anti-
238 HIF-1 α antibodies were added to the binding buffer, incu-
239 bated for 30 min at 4°C, and mixed with [γ - ^{32}P]-labeled
240 oligonucleotide probe. Samples were electrophoresed
241 through a 6% polyacrylamide gel in 0.5% TBE (45 mM
242 Tris, 45 mM boric acid, 10 mM EDTA, pH 8.3). The gel
243 was dried, and the radioactive bands were visualized using
244 Kodak Bio-Max film with an intensifying screen at -70°C.

245

246 *In vitro angiogenesis assay*

247

248 Concentrated culture supernatants were harvested by
249 lyophilizing 1 ml of culture supernatants of osteoblasts
250 with or without US treatment in the presence or absence
251 of 100 μM *L*-NAME and then resuspended in 100
252 μl DMEM. VEGF-A concentrations in the mixtures were
253 determined using a VEGF-A ELISA kit. To confirm
254 whether VEGF-A was involved in angiogenesis, culture
255 supernatants were neutralized with 50 ng/ml monoclonal
256 anti-VEGF-A antibodies or IgG (R and D Systems Inc.).
257 Concentrated culture supernatants were subjected to as-
258 sessment of in vitro angiogenesis. Human umbilical vein
259 endothelial cells (1×10^4 cells/well; 48-well plates;
260 American Type Culture Center) were seeded onto a 100-
261 μl three-dimensional matrigel containing DMEM and in-
262 cubated for 4 h. The human umbilical vein endothelial
263 cells (HUVEC) were treated with concentrated conditioned

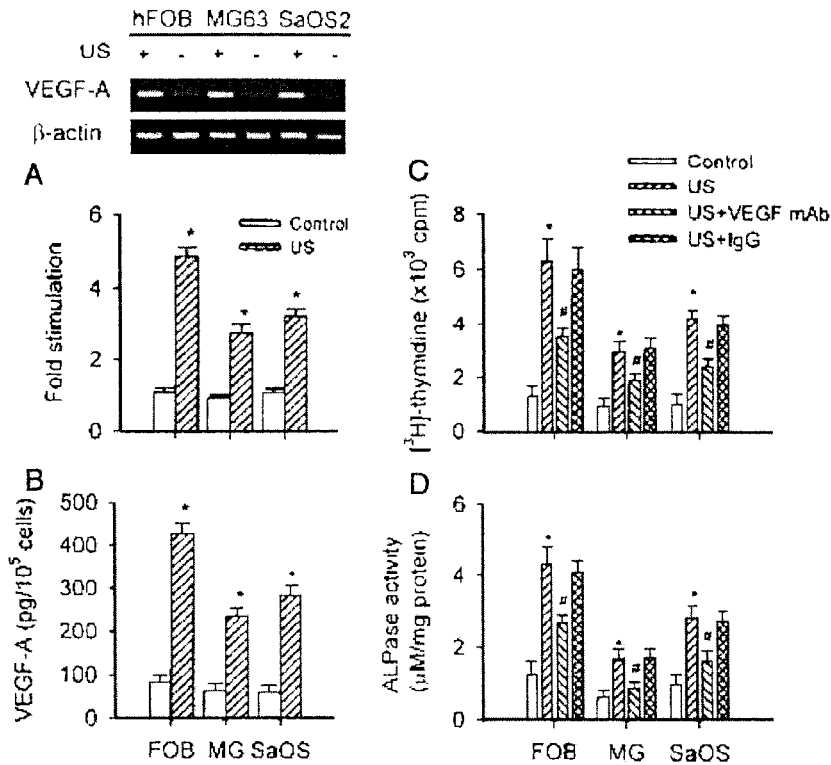


Fig. 1. US promoted VEGF-A (A) mRNA and (B) protein levels. The hFOB1.19, MG63, and SaOS2 osteoblastic cells (5×10^5 cells/well, six-well plates) were treated with US for 20 min. Cells were subjected to assessment of VEGF mRNA 12 h after US treatment. After standardization of housekeeping gene expression, equal amounts of cDNA from each sample were subjected to 40 cycles of PCR to amplify VEGF-A mRNA expression. VEGF-A protein levels in culture supernatants were determined by ELISA assay. US increased (C) [^3H]-thymidine uptake in 24 h and (D) bone alkaline phosphatase activities in 48 h. Neutralization with 50 ng/ml monoclonal VEGF-A antibodies partially reduced the promoting effect of US treatment on cell growth and bone alkaline phosphatase activities. Results are presented as mean values \pm standard errors calculated from six paired triplicate experiments (* shows difference from control group, # shows difference from US group, $P < 0.05$).

263 medium and incubated for 6 h to allow tube-like structure
 264 formation. Cells were photographed under an inverted
 265 microscope, and total network length (defined as an
 266 elongation of cells into tube-like structures typically seen
 267 in three-dimensional cultures) was quantified in three
 268 fields per experiment.

269

270 Statistical analysis

271 All values were expressed as means \pm standard errors.
 272 Student paired *t* test was used to evaluate differences
 273 between the sample of interest and its respective control.
 274 For analysis of time course, a multiple range of ANOVA
 275 was used. A *P* value of <0.05 was considered significant.

276 Results

277

278 US treatment raised VEGF-A mRNA expression

279 We first determined whether US could augment
 280 VEGF-A mRNA expression in human osteoblasts. The

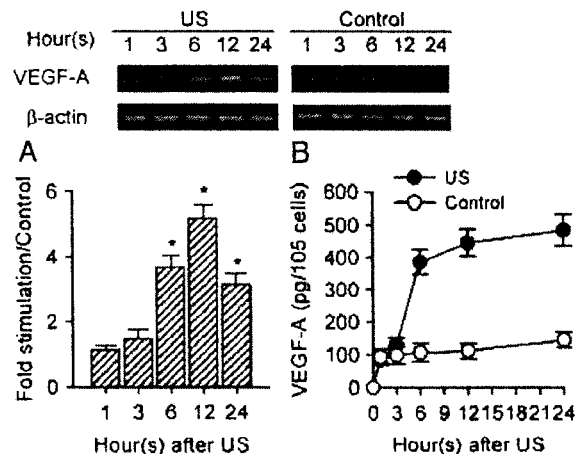


Fig. 2. US promoted VEGF-A (A) mRNA in 6 h and (B) protein levels of osteoblasts in 12 h. The hFOB1.19 osteoblasts (5×10^5 cells/well, six-well plates) were treated with US for 20 min. Cells were subjected to assessment of VEGF mRNA and protein levels 1, 3, 6, 12, and 24 h after US treatment. Results are presented as mean values \pm standard errors calculated from six paired triplicate experiments (* shows difference from control group, $P < 0.05$).

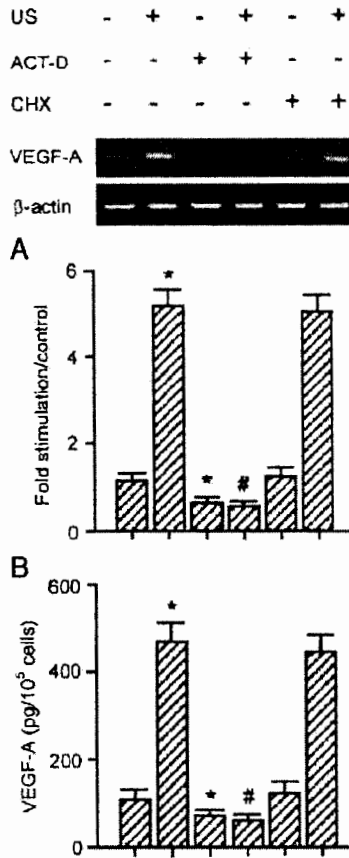


Fig. 3. US promotion of VEGF-A (A) mRNA and (B) protein levels was transcriptionally regulated. The hFOB 1.19 cells underwent 6-h exposure to 10 μ g/ml actinomycin D or 10 μ g/ml cyclohexamide, with or without US treatment. Cells were subjected to assessment of VEGF mRNA and protein levels 12 h after US stimulation. Results are presented as mean values \pm standard errors calculated from six paired triplicate experiments (* shows difference from control group, # shows difference from US group; $P < 0.05$). ACT-D indicates actinomycin D; CHX, cyclohexamide.

281 hFOB1.19, MG63, and SaOS2 cells were treated with
 282 low-intensity pulsed US for 20 min, respectively. RT-PCR
 283 and ELISA results indicated that US significantly in-
 284 creased VEGF-A mRNA (Fig. 1A) and protein levels
 285 12 h following US stimulation. Furthermore, US treatment
 286 increased [3 H]-thymidine uptake in 24 h (Fig. 1C) and
 287 bone alkaline phosphatase activity in 48 h (Fig. 1D).
 288 Neutralization with 50 ng/ml monoclonal VEGF-A anti-
 289 bodies partially reduced the promoting effect of US
 290 treatment on cell growth (Fig. 1C) and alkaline phosphatase
 291 activity (Fig. 1D). IgG neutralization did not affect
 292 US promotion of cell growth and alkaline phosphatase
 293 activity. Of the osteoblasts, hFOB1.19 cells responded
 294 best to US stimulation by increasing VEGF-A levels.
 295 They were then used in the succeeding experiments.
 296 Kinetic results indicated that US increased VEGF-A

mRNA (Fig. 2A) and protein levels (Fig. 2B) in 6 h, 297
 peaking at 12 h. 298

**US augmentation of VEGF-A mRNA expression is 299
 transcription-controlled 300**

We further defined the action mechanism of US- 301
 stimulated VEGF-A mRNA expression in cell cultures. 302
 Blockade of transcription by 10 μ g/ml actinomycin D 303
 decreased baseline and US-stimulated VEGF mRNA 304
 expression (Fig. 3A) and protein levels (Fig. 3B). Inhi- 305
 bition of translation by 10 μ g/ml cyclohexamide did not 306
 significantly affect baseline or US-augmented VEGF 307
 mRNA (Fig. 3A) and protein levels (Fig. 3B), indicating 308
 that US stimulation of VEGF expression is transcription- 309
 ally mediated. 310

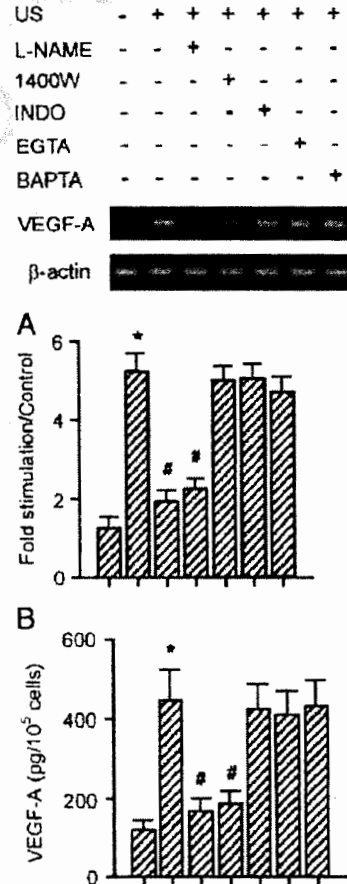


Fig. 4. US-enhanced VEGF-A (A) mRNA and (B) protein levels were mediated by NO but not by PGE_2 or calcium. The hFOB1.19 cells were pretreated with 100 μ M 1400W or 100 μ M L-NAME or 10 μ M indomethacin or 1mM EGTA or 40 μ M BAPTA, respectively. Cell cultures were subjected to analysis of VEGF-A expression 12 h after US stimulation. Results are presented as mean values \pm standard errors calculated from six paired triplicate experiments (* shows difference from control group, # shows difference from US group; $P < 0.05$).

311
 312 US promotion of VEGF-A expression was regulated by NO
 313 but not by PGE₂ or calcium

314 We sought to elucidate which mediator was responsible
 315 for the increase in VEGF-A expression. Inhibition of cyclo-
 316 oxygenase-2 activity by 10 μM indomethacin and chelating
 317 calcium by EGTA or BAPTA did not significantly affect
 318 US-promoted VEGF-A mRNA (Fig. 4A) and protein levels
 319 (Fig. 4B). Inhibition of NOS activity by 100 μM L-NAME
 320 or 100 μM 1400 W significantly reduced US enhancement
 321 of VEGF-A mRNA (Fig. 4A) and protein levels (Fig. 4B),
 322 suggesting that NO was responsible for mediating US
 323 promotion of VEGF-A production.

324
 325 US induced NOS catalytic activities and iNOS expression

326 US stimulation significantly increased NO production
 327 in 15 min. This increased production of NO persisted for
 328 24 h (Fig. 5A). We further verified which NOS was
 329 responsible for US-augmented NO production. US treat-
 330 ment increased calcium-dependent NOS catalytic activity
 331 of osteoblasts in 15 min and calcium-independent catalytic
 332 activity in 6 h as determined by [³H]-L-arginine conver-
 333 sion to [³H]-L-citrulline (Fig. 5B). Immunoblotting results
 334 showed that US treatment induced iNOS expression in 6
 335 h (Fig. 5C). US did not significantly affect eNOS protein
 336 expression (Fig. 5C). There was no nNOS immunoreac-
 337 tivity detected throughout the study period (data not

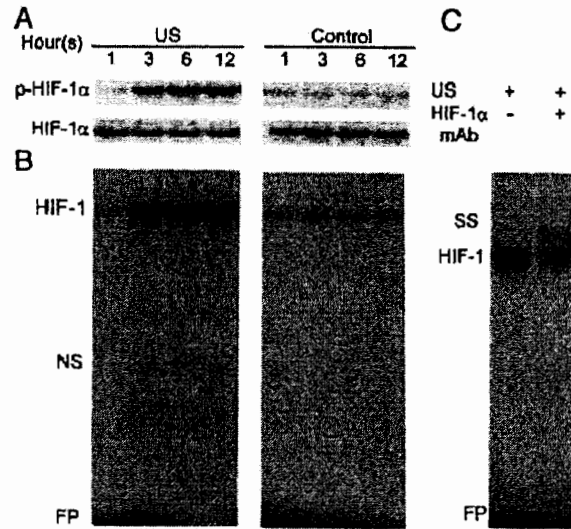


Fig. 6. US activated (A) nuclear HIF-1α phosphorylation in 3 h. Nuclear HIF-1α immunoprecipitates isolated from nuclear extracts of osteoblasts with or without US treatment were subjected to immunoblotting. Phosphorylated HIF-1α was probed using antiphosphotyrosine antibodies. (B) US promoted HIF-1α binding to the VEGF-A promoter in 3 h as determined by gel shift assay. (C) Autoradiograph of HIF-1α supershift. Nuclear extracts from osteoblasts with or without US stimulation were incubated with HIF-1 probe in the presence or absence of anti-HIF-1α antibodies. All blots and autoradiographs are representative of at least three different experiments with comparable results. FP indicates free probe; SS, supershift.

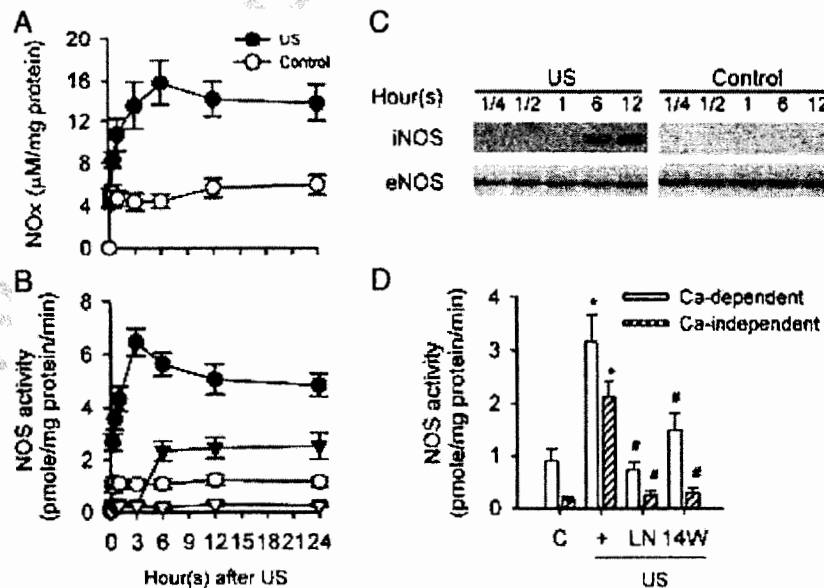


Fig. 5. US increased (A) NO production in 15 min, (B) calcium-dependent NOS activity in 15 min, and calcium-independent NOS activity in 6 h. (C) US treatment rapidly induced iNOS expression in 6 h. US stimulation did not significantly affect eNOS expression throughout the study period. All blots are representative of at least three different experiments with comparable results. (D) L-NAME or 1400 W pretreatment reduced US promotion of calcium-dependent NOS activity in 15 min and calcium-independent NOS activity in 6 h. Results are presented as mean values ± standard errors calculated from six paired triplicate experiments (* shows difference from control group, # shows difference from US group; P < 0.05). Symbols: ● indicates calcium-dependent NOS activity in US groups; ○, calcium-dependent NOS activity in control groups; ▼, calcium-independent NOS activity in US groups; ▽, calcium-independent NOS activity in control groups; C, control; LN, L-NAME; 14 W, 1400 W.

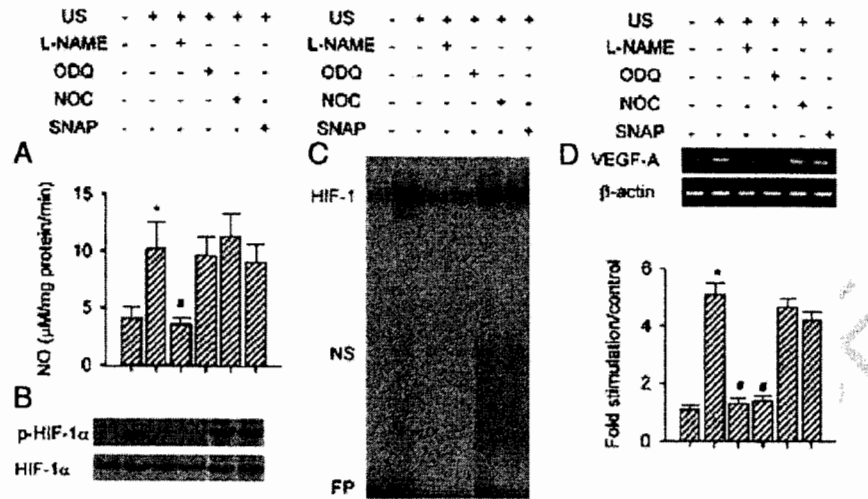


Fig. 7. (A) L-NAME attenuated US-induced NO production in 1 h, (B) 100 μM L-NAME or 5 μM ODQ pretreatment attenuated US-enhanced nuclear HIF-1α phosphorylation in 3 h, (C) HIF-1α binding to the VEGF-A promoter in 3 h, and (D) VEGF-A mRNA expression in 12 h. NO donors (30 μM NOC-18 or SNAP) mimicked the promoting effect of US treatment on (B and C) HIF-1α activation and (D) VEGF-A mRNA expression. Results are presented as mean values ± standard errors calculated from six paired triplicate experiments (* shows difference from control group, # shows difference from US group; *P* < 0.05). All blots and autoradiographs are representative of at least three different experiments with comparable results.

338 shown). L-NAME and 1400 W pretreatment significantly
 339 reduced US-promoted calcium-dependent NOS activity in
 340 15 min and calcium-independent NOS activity in 6 h (Fig.
 341 5D), respectively.
 342
 343 *US promoted HIF-1α transactivation*

344 Osteoblasts subjected to US treatment increased nuclear
 345 HIF-1α phosphorylation, as demonstrated by phosphotyrosine
 346 expression of HIF-1α in 3 h (Fig. 6A), and promoted
 347 HIF-1 binding to the VEGF-A promoter, as determined
 348 by electrophoretic gel shift (Fig. 6B). We employed anti-
 349 bodies against HIF-1α to confirm the DNA-protein-binding
 350 activity. Autoradiograph showed that nuclear extract
 351 harvested from US-treated osteoblasts was indeed super-
 352 shifted by anti-HIF-1α antibodies (Fig. 6C), indicating that

US treatment did activate HIF-1α binding to the VEGF-A
 promoter.

*L-NAME and ODQ pretreatment reduced US-augmented
 HIF-1α activation and VEGF expression*

We employed L-NAME and ODQ to determine the roles
 of NOS and guanylate cyclase in US-stimulated VEGF
 expression of osteoblasts. Inhibition of NOS activity significantly
 reduced US-promoted NO production in 1 h (Fig. 7A). Pretreatment
 with L-NAME or ODQ decreased US-activated nuclear HIF-1α
 phosphorylation (Fig. 7B), HIF-1α binding to the VEGF-A
 promoter in 3 h (Fig. 7C), and VEGF-A mRNA expression in 12 h
 (Fig. 7D). Blockade of NOS or guanylate cyclase activity significantly
 reduced US promotion of VEGF-A protein levels, cell proliferation, and

t1.1 Table 1
 t1.2 Effect of NOS inhibitors, guanylate cyclase inhibitor, and NO donors on VEGF-A expression, cell proliferation, and alkaline phosphatase activities of human
 osteoblasts with or without US stimulation

t1.3	Cells	Control	t1.4 Ultrasound stimulation				NOC-18	SNAP	
			t1.5 Vehicle	t1.6 L-NAME	t1.7 1400W	t1.8 ODQ			
t1.5	VEGF-A (pg/10 ⁵ cells)	hFOB1.19	92 ± 16	428 ± 42*	143 ± 19**	196 ± 28**	178 ± 22**	376 ± 39*	358 ± 25*
t1.6		MG63	85 ± 17	252 ± 26*	112 ± 21**	102 ± 19**	109 ± 15**	228 ± 24*	232 ± 21*
t1.7		SaOS2	91 ± 17	302 ± 27*	125 ± 18**	116 ± 14**	121 ± 17**	263 ± 19*	274 ± 20*
t1.8	[³ H]-thymidine uptake	hFOB1.19	1.38 ± 0.31	6.28 ± 0.87*	1.52 ± 0.20**	1.74 ± 0.24**	1.62 ± 0.32**	1.21 ± 0.28	1.15 ± 0.22
t1.9	(× 10 ³ cpm)	MG63	0.94 ± 0.23	3.14 ± 0.40*	1.18 ± 0.19**	1.22 ± 0.27**	1.19 ± 0.33**	1.04 ± 0.17	0.91 ± 0.16
t1.10		SaOS2	1.08 ± 0.28	4.21 ± 0.38*	1.25 ± 0.23**	1.38 ± 0.30**	1.45 ± 0.29**	1.13 ± 0.20	1.07 ± 0.15
t1.11	ALPase activity	hFOB1.19	1.12 ± 0.19	4.21 ± 0.48*	1.67 ± 0.25**	1.98 ± 0.23**	1.73 ± 0.21**	1.21 ± 0.18	1.15 ± 0.23
t1.12	(μM/mg protein/min)	MG63	0.86 ± 0.14	1.82 ± 0.28*	1.08 ± 0.19**	1.15 ± 0.26**	1.04 ± 0.19**	0.79 ± 0.17	0.90 ± 0.19
t1.13		SaOS2	1.04 ± 0.16	2.87 ± 0.21*	1.14 ± 0.16**	0.92 ± 0.23**	1.12 ± 0.14**	1.12 ± 0.21	0.94 ± 0.17

t1.14 Results are presented as mean values ± standard errors calculated from six triplicate experiments.

t1.15 *Shows difference from control group, *P* < 0.05.

t1.16 **Shows difference from vehicle group; *P* < 0.05.

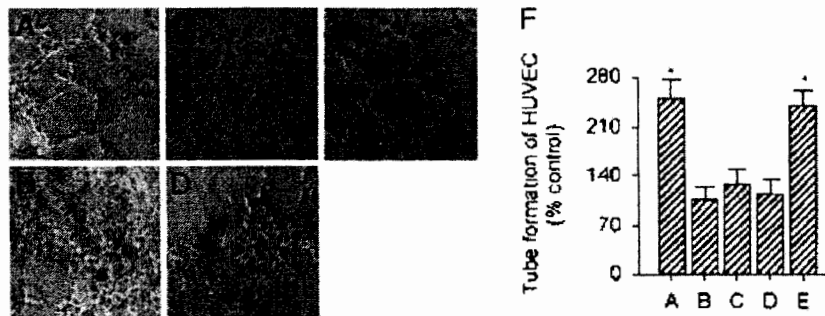


Fig. 8. Culture supernatants obtained from (A) US-treated osteoblasts promoted tube formation of HUVEC in comparison with the (B) control without US treatment. (C) Neutralization of VEGF-A with monoclonal VEGF-A antibody reduced promoting effect of culture supernatants on angiogenesis. (D) Inhibition of iNOS activity by L-NAME decreased angiogenic responses. (E) IgG neutralization did not affect US-promoted angiogenesis. (F) Results are presented as mean values \pm standard errors calculated from six paired triplicate experiments (* shows difference from B group; $P < 0.05$).

368 bone alkaline phosphatase activities (Table 1). These results
 369 suggested that NO mediated US promotion of VEGF-A
 370 expression through cGMP-dependent HIF-1 α activation.
 371 Cell cultures were treated with NO donors to mimic US
 372 promotion of VEGF expression. NOC-18 and SNAP pro-
 373 moted HIF-1 α activation (Figs. 7B and C) and VEGF-A
 374 mRNA (Fig. 7D). NO donors increased VEGF-A protein
 375 level but not cell growth or bone alkaline phosphatase
 376 activities (Table 1).
 377
 378 *US stimulated in vitro angiogenesis through NO-mediated*
 379 *VEGF-A*

380 We tested whether US could induce in vitro angiogen-
 381 esis through NO-mediated VEGF-A. Culture supernatants
 382 from US-treated osteoblasts were found to significantly
 383 increase tube formation of HUVEC (Fig. 8A) when com-
 384 pared with the control without US treatment (Fig. 8B).
 385 Monoclonal VEGF-A antibody neutralization (Fig. 8C) or
 386 L-NAME inhibition of NO production (Fig. 8D) signifi-
 387 cantly reduced the promoting effect of culture supernatant
 388 on tube formation. Neutralization with IgG did not alter the
 389 promoting effect of conditioned medium from US-treated
 390 cell cultures on angiogenesis of HUVEC (Fig. 8E). Effect
 391 of conditioned medium on tube formation of HUVEC was
 392 measured (Fig. 8F).

393 Discussion

394 Elevations of VEGF-A mRNA and protein levels oc-
 395 curred following US stimulation, which rapidly induced NO
 396 production and activated HIF-1 α transactivation. Mecha-
 397 nisms underlying US-augmented bone repair are not well
 398 understood. Fracture healing is preceded by vascular
 399 invasion, and osteogenesis takes place near neovessels that
 400 mediate delivery of osteoprogenitors, secrete mitogens for
 401 osteoblasts, and transport nutrients and oxygen [24]. Our
 402 findings provide the first indication that osteoblasts re-

sponded to US by increasing NO-mediated VEGF-A induc-
 tion. We provide clear evidence that US stimulation can be
 an effective biophysical method for enhancing osteogenic
 activities and angiogenic factor production by osteoblasts.
 The raise in angiogenic factor production by osteoblasts
 may further explain the clinical success of US treatment on
 promotion of fracture healing.

In our study, [3 H]-thymidine uptake and bone alkaline
 phosphatase activities of osteoblasts were increased follow-
 ing US stimulation. Monoclonal VEGF-A antibody neutral-
 ization attenuated the promoting effect of US treatment on
 osteogenic activities and tube formation of HUVEC. These
 data suggest that osteoblasts could convert acoustic energy
 released by physical US stimulation into mitogenic signals
 and the production of an angiogenic factor. VEGF-A is
 involved in regulating US-promoted growth and differentia-
 tion of osteoblasts. Our findings support previous studies
 in which VEGF was found to elicit proliferative and
 chemotactic effects on osteoblasts [25,26]. Angiogenesis is
 considered essential for endochondral ossification during
 proper fracture healing. Administration of an angiogenesis
 inhibitor has been found to impair fracture healing [27].
 VEGF is important for normal endochondral bone develop-
 ment to not only mediate bone vascularization, but also
 allow normal differentiation of hypertrophic chondrocytes
 and osteoblasts. Strong VEGF expression of osteoprogeni-
 tors has been found to occur in the early stage of fracture
 healing [28]. Blockade of VEGF activity using a specific
 antagonist (soluble Flt) inhibited bone callus formation [29].
 Moreover, acceleration of fracture healing has been found in
 experimental animals after VEGF-A gene transfer and
 recombinant VEGF-A protein treatment [3,30], indicating
 that VEGF plays a crucial role in regulating osteochondro-
 genesis and angiogenesis during fracture healing. In the
 present study, pretreatment with L-NAME or ODQ reduced
 US promotion of osteogenic activity and VEGF-A synthe-
 sis. These findings suggest that NO-mediated cGMP was
 involved in regulating US-promoted osteogenesis and an-
 giogenic factor production by osteoblasts. While NO donors

442 mimicked the promoting effect of US on VEGF-A produc-
 443 tion, NO donors did not alter cell proliferation and bone
 444 alkaline phosphatase activity of osteoblasts. We speculate
 445 the differences that multiple signal transduction pathways
 446 may be involved in US-promoted osteogenic activity and
 447 angiogenic factor production by osteoblasts.

448 In contrast to previous studies demonstrating that calci-
 449 um and prostaglandin E₂ were involved in regulating the
 450 anabolic responses of fluid flow-stimulated osteoblasts
 451 [31,32], we showed that NO, but not PGE₂ or calcium,
 452 acted as a critical mediator to communicate biophysical US
 453 stimuli into intracellular responses that caused synthesis of a
 454 factor capable of initiating angiogenic responses. We spec-
 455 ulate that bioactive mediators involving mechanical stimu-
 456 lation of osteoblasts may depend on the model system,
 457 mechanical stimuli type, and cell type used. A previous
 458 study suggested that pulsed fluid flow-increased NO pro-
 459 duction by human bone cell cultures was eNOS-dependent
 460 [33]. Reher et al. [13] have demonstrated that US increases
 461 in NO synthesis by osteoblasts are regulated by iNOS. In the
 462 current study, US promotion of VEGF production was via
 463 transcriptional regulation, indicating that US augmentation
 464 of VEGF levels did not require the synthesis of intermediary
 465 proteins. While later elevation of iNOS expression and
 466 calcium-independent NOS activity were noted in osteoblasts
 467 following US stimulation, L-NAME (a pan NOS inhibitor)
 468 or 1400 W (a highly selective iNOS inhibitor) pretreatment
 469 reduced US promotion of calcium-dependent NOS catalytic
 470 activities and VEGF expression. These findings suggest that
 471 early activation of calcium-dependent NOS catalytic activity
 472 is required for US promotion of VEGF synthesis. Moreover,
 473 NO donor treatments also elicited promoting effects on
 474 VEGF production. Our findings suggest that eNOS plays
 475 an important role in regulating US promotion of angiogenic
 476 factor production by osteoblasts. We failed to detect nNOS
 477 immunoreactivity throughout the study period. Our inves-
 478 tigation on detection of nNOS immunoreactivity and NO
 479 donor stimulation of cell proliferation and alkaline phos-
 480 phatase activity are in agreement with a study by MacPhers-
 481 son et al. [34].

482 In the current study, we showed that osteoblasts re-
 483 sponded to US stimulation by activating HIF-1 α (a VEGF
 484 transcription factor) binding to the VEGF-A promoter and
 485 VEGF-A mRNA levels. A growing body of evidence has
 486 suggested that NO is involved in regulating VEGF expres-
 487 sion through activation of HIF [35,36]. HIF-1 is a hetero-
 488 dimeric basic helix–loop–helix transcription factor and acts
 489 as a critical regulator for VEGF expression. Active HIF-1
 490 has been reported to accumulate in the cell nucleus, bind to
 491 the target DNA sequence, and enhance VEGF gene trans-
 492 cription [37]. We suggest that HIF-1 α is likely a target of
 493 mechanical signal by which physical US stimulation dictates
 494 the cellular and angiogenesis-promoting activities of osteo-
 495 blasts. It is not presently known what molecule may be
 496 responsible for regulating VEGF expression in osteoblasts
 497 after US stimulation. NO has been found to mediate HIF-1 α

498 stabilization, nuclear translocation, and activation in me- 498
 499 chanical-stressed myocardial cells [38]. In this study, we 499
 500 noted that inhibition of NOS or guanylate cyclase activity 500
 501 reduced the promoting effect of US stimulation on HIF-1 α 501
 502 transactivation and VEGF-A mRNA expression. These 502
 503 findings indicate that NO through cGMP-dependent path- 503
 504 way mediates US promotion of cell proliferation and VEGF 504
 505 production by osteoblasts. 505

506 The mechanism by which US treatment induces NOS 506
 507 catalytic activities has not been clarified. Bone cells per- 507
 508 ceive and respond to mechanical forces via mechanotrans- 508
 509 duction pathways. Mechanoreceptors convert biophysical 509
 510 stimuli into biochemical responses that alter gene expression 510
 511 and cellular adaptation. One of our recent studies has 511
 512 demonstrated that pertussis toxin-sensitive G α 1 proteins 512
 513 mediates US activation of osteogenic transcription (Cbf β 1/ 513
 514 Runx2) and increases osteocalcin gene expression in 514
 515 hFOB1.19 osteoblasts [39]. Our findings imply that US- 515
 516 sensitive biomolecules located at the cell surface may be 516
 517 activated by US to induce eNOS catalytic activity and iNOS 517
 518 expression. Further studies are needed to explore the role of 518
 519 membrane-bound mechanosensitive molecules, such as G 519
 520 proteins, extracellular integrins, and ion channels, in regu- 520
 521 lating US-induced angiogenic factor production by osteo- 521
 522 blasts. Taken together, we provide evidence that osteoblasts 522
 523 rapidly respond to increase NO production and angiogenic 523
 524 gene expression after US stimulation. Results from these 524
 525 studies suggest that regulation of reactive nitrogen reactions 525
 526 by biophysical factors such as US might provide a promis- 526
 527 ing regimen for the regulation of angiogenic transcription 527
 528 factor, HIF-1 α , resulting in increase of VEGF-A production. 528

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